

Training Requirements Summary for CAT

(HS	diploma/GED)	
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Clinically Supervised Work Experience Hours: 1000 (does not require DORA registration prior to the 1000 hours. Once these hours are met, the individual is not able to perform duties until the CAT is officially approved)

Pass the NCAC I Exam

Pass the Jurisprudence Exam

Nine (9) addiction specialty courses Addiction Counseling Skills (21 hrs)

Case Conceptualization and Documentation (14 hrs) (aka Client Record Management)

Principles of Addiction Treatment (21 hrs)

Ethical Practice in Addiction Treatment (14 hrs) (aka Professional Ethics I: Ethics and Jurisprudence)

Culturally Informed Treatment (14 hrs)

Pharmacology I (14 hrs)

Trauma-Informed Care for Diverse Populations (14 hrs)

Motivational Interviewing (21 hrs)

Prerequisite: Addiction Counseling Skills

Group Counseling Skills (21 hrs)

Prerequisite: Addiction Counseling Skills



Training Requirements Summary for CAS (must meet requirements for CAT)

Behavioral Health Bachelor Degree Non-conforming Bachelor's degree approval will be decided at the discretion of the Addiction Board	Bachelor's degree: Behavioral Health specialty (Psychology, Social Work, Human Services)	Bachelor's degree or higher in Substance Use Disorders/Addiction and/or related counseling subjects (social work, mental health counseling, marriage & family, psychology) from a regionally accredited institution of higher learning.
	Approved to provide Clinical Supervision and consultation to individuals working towards CAT or CAS	
	Clinically Supervised Work Experience Hours • 2,000 direct clinically supervised hours (1000 additional direct clinical hours beyond the CAT) Pass the NCAC II exam Pass the jurisprudence exam	Eleven (11) specialty courses Cognitive Behavioral Therapy (14 hrs) Co-occurring Disorders (14 hrs) Advanced Treatment Models (14 hrs) Treating Diverse Populations (14 hrs) (aka Specialized Addiction Treatment) Infectious Diseases in Addiction Treatment (14hrs) Professional Practice (7 hrs) Clinical Supervision I (21 hrs) Clinical Supervision II (14 hrs) Prerequisites: Advanced Motivational Interviewing and Clinical Supervision I Advanced Professional and Ethical Practice (14hrs) (aka Professional Ethics II, Professional Practice) Advanced Motivational Interviewing (14 hrs) Prerequisite: Motivational Interviewing Advanced Case Conceptualization (14 hrs) (aka Clinical Assessment and Treatment Planning) Prerequisite: Case Conceptualization and Documentation (aka Client Record Management) Advanced Pharmacology (14 hrs) (aka Pharmacology II) Prerequisite: Pharmacology I



Training Requirements for LAC (must meet requirements for CAT, CAS)



Education Equivalency for Addiction Counselor Certification

When an applicant submits college courses on an application to the Center for Credentialing &Education (CCE) in lieu of one of the required training classes, it is the applicant's responsibility to demonstrate how their college course is equivalent to the Office of Behavioral Health (OBH) approved core competencies for that class. They are advised to compare the class syllabus to the core competency for the CAC required class. Anyone wishing to use college equivalents must submit the following to CCE (please be advised this process can take 4-6weeks):

- An official transcript from an accredited college or university in a sealed envelope.
 The courses must be in a behavioral health science or field. Each college class being
 offered as the equivalent of a CAC required class must have a grade of C or above.
- A cover letter with an attached syllabus and a written description about why the college class is equivalent to the CAC required class.
- A college course must offer college credits that are equivalent or greater than the number of clock hours required for the OBH training class.

Additional information is available on the CCE website: http://www.cce-global.org/Assets/StateLicensure/COappAddictionCounselors.pdf

College equivalency hours:

- One semester credit hour = 15 clock hours
- Two semester credit hours = 30 clock hours
- Three semester credit hours = 45 clock hours
- One quarter credit hour = 8.5 clock hours
- Two quarter credit hours = 17 clock hours
- Three quarter credit hours = 25.5 clock hours

CAC required courses that must be taken (No college course equivalency):

- Principles of Addiction Treatment (21 hrs)
- Infectious Diseases in Addiction Treatment (14 hrs)
- Pharmacology I (14 hrs)
- Advanced Pharmacology (aka Pharmacology II) (14 hrs)
- Ethical Practice in Addiction Treatment (14 hrs) (aka Professional Ethics I: Ethics and Jurisprudence)
- Advanced Professional and Ethical Practice (14hrs) (aka Professional Ethics II, Professional Practice)
- Clinical Supervision I (21 hrs)
- Clinical Supervision II (14 hrs)



CAC required courses that <u>may</u> have college equivalency (See core competencies posted on the OBH website)

https://cdhs.colorado.gov/behavioral-health/workforce-development (Click on Certified Addiction Counselor Clinical Training Program, click on Core Competencies for CAC Required Training Classes)

- Addiction Counseling Skills (21 hrs)
- Case Conceptualization and Documentation (aka Client Record Management) (14 hrs)
- Culturally Informed Treatment (14 hrs)
- Motivational Interviewing (21 hrs)
- Advanced Motivational Interviewing (14 hrs)
- Cognitive-Behavioral Therapy (14 hrs)
- Advanced Case Conceptualization (14 hrs)
 (aka Clinical Assessment and Treatment Planning)
- Co-Occurring Disorders (14 hrs)
- Group Counseling Skills (21 hrs)
- Trauma Informed Care for Diverse Populations (14 hrs)
- Advanced Treatment Models (14 hrs)
- Treating Diverse Populations (14 hrs) (aka Specialized Addiction Treatment)